

# LISTERIOSIS IS A POUND OF BALONEY...



**Malaria KILLS** more expatriates and travellers in Sub-Saharan Africa than any other infectious disease.

**Listeriosis killed 180 people in 1 year.**  
**Malaria KILLS 180 children every 6 hours.**

**WORLD MALARIA DAY**

**25 APRIL**

By following three simple rules **you can help** the WHO to **GET READY TO BEAT MALARIA\***

Don't get bitten • Seek early treatment • Take "The Pill"

Avoiding mosquito bites prevents the spread of malaria parasites from person to person. Individuals can achieve this by covering up, using effective insect-repellents (DEET), and sleeping under well designed, long lasting insecticide impregnated mosquito nets. Malaria mosquito control and eradication achieves this on a larger scale in affected communities.

The early, accurate diagnosis and effective treatment of malaria, prevents death in the non-immune, and reduces the parasite reservoir in populations in endemic areas. Malaria prophylaxis is 90% effective in avoiding malaria in non-immune visitors to malaria endemic areas.

